

Nature's Path - VeggieFest 2026 Recipes

(Acooba Scott)

Que Pasa Tofu Pate



Ingredients

- Que Pasa corn tortilla chips
- 1 - 19 oz. pkg. medium-firm tofu
- 2 Tablespoons nutritional yeast
- 2 teaspoons Bragg Liquid Aminos
- 1 Vegan Bouillon Cube
- 1 teaspoon granulated garlic
- ½ teaspoon onion powder
- ½ teaspoon turmeric powder

Preparation

1. Grind chips finely in blender and set aside.
2. Crumble tofu into a bowl and add all remaining ingredients.
3. Add 1 cup of chip crumbs and knead mixture with fingers until the chips

and bouillon cube are completely incorporated and mixture forms a stiff dough.

4. Shape into a ball, and top with garnishes as desired.
5. Refrigerate until ready to serve. **Enjoy!!**

Tips

☆ Mixture can be used as sandwich spread to make vegan “egg salad” sandwiches.

☆ To make tofu burgers, this Pate can also be shaped into patties, pan fried, and served on burger buns with all the trimmings.